



In partnership with



ISLINGTON

Menu 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main meal</b>	Lamb Sausages with Mashed Potatoes & Gravy	Spaghetti Bolognaise ( Lamb Mince) & Crusty Bread	Sweet & Sour Chicken Or Quorn with Savoury Noodles	Lancashire Hot Pot	MSC Fishwich in a Bun with Chipped Potatoes Tartar sauce and ketchup
<b>Vegetarian Option</b>	Vegetarian Sausages with Mashed Potatoes & Gravy	Veggie Mince Bolognaise & Crusty Bread		Tomato, Chive & Cheddar Flan with baby potatoes	Lentil & Winter Vegetable Cornish Style Pasties with Oven Chips
<b>Vegetables</b>	Carrots Garden Peas	Sweet Corn and Broccoli	Vegetable Stir-Fry	Carrots Cabbage	Roast Tomatoes Garden Peas
<b>Daily Salad Selection of Lettuce, Tomato, Cucumber, Beetroot, Sweetcorn, Coleslaw, &amp; Carrot.            Look out also for our "Salad Special" of the Day</b>					
<b>Freshly Cooked each day - Jacket Potatoes with Grated Cheddar, Tuna Mayonnaise or Baked Beans</b>					
<b>Dessert</b>	Apple Crumble with Custard Yoghurts Fresh Fruit Salad	Syrup & Sultana Sponge with Custard Yoghurts Fresh Fruit Salad	Jelly and Ice cream Yoghurts Fresh Fruit Salad	St Clements Sponge With Custard Yoghurts Fresh Fruit Salad	Pineapple Upside down Cake Yoghurts Fresh Fruit Salad
<b>Custard Served as an Accompaniment to All Hot Desserts</b>					
<b>Daily Additions</b>	<b>Water Bread Basket</b>	<b>Water Bread Basket</b>	<b>Water Bread Basket</b>	<b>Water Bread Basket</b>	<b>Water Bread Basket</b>

	<b>Main Courses</b>		<b>Salads</b>		<b>Fish</b>
	<b>Vegetarian</b>		<b>Desserts</b>		<b>Additions</b>